**Sunday:**

11:00a-12:15p Easy Does It, *Old Allen Baptist Church, 40 New Allen Hill, Allen, KY* O/D/WC/NS/NAV

3:00p Might as Well, *Index Community Church, 1749 West Main Street, West Liberty, KY* O/D/WC

5:00p Get Free or Die Hard, 463 Hambley Blvd*, Pikeville, KY O*/LS/WC

5:00p PAINS*, Laughlin Building Rm 213, 230 University Blvd, Morehead, Ky 40351* O/D/NS

6:00p KCB, *Old Allen Baptist Church, 40 New Allen Hill, Allen, KY* O/D/WC/NS/NAV

**Monday:**

12:00p Fresh Start*, Jenny Wiley old Sky Lift Shelter, Prestonsburg, KY* O/D/WC

6:00p The Journey Continues, *161 N Arnold Ave, Prestonsburg, Ky 41653* O/D/WC

6:00p Free AF, *587 Kendall Springs RD, Owingsville, KY* O/D/WC

7:00p Fresh Start, *Jenny Wiley old Sky Lift Shelter, Prestonsburg, KY* O/D/WC

7:00p PAINS, *Laughlin Building Rm 213, 230 University Blvd, Morehead, Ky 40351* O/D/NS

7:00p *New Discovery of Life, Pikeville United Methodist Church, 107 Main Street, Pikeville,* KY O/D/WC/NS

8:00p Fresh Start, *Zoom Meeting ID: 977 6201 299,* O/D

**Tuesday:**

12:00p Desperate Measures *Jenny Wiley old Sky Lift Shelter, Prestonsburg, KY* O/D/WC

12:00p Dose of Hope, *First Baptist Church, 123 E Main St, Morehead, KY O/D/WC/NS*

7:00p No Matter What, *Zoom ID: 759 6758 8572*

*Password: Recovery*

7:00p KCB, *Jenny Wiley old Sky Lift Shelter, Prestonsburg, KY* O/D/WC

7:00pNew Discovery of Life, *Pikeville United Methodist Church, 107 Main Street, Pikeville,* KY O/D/WC/NS

7:00p Total Abstinence, *First Baptist Church, 123 E Main St. Morehead, KY* O/D/WC

7:00p Evening Fix, *100 CB Cornette Drive, Morehead, KY 40351* O/D/WC

**Wednesday:**

12:00p Fresh Start*, Jenny Wiley old Sky Lift Shelter, Prestonsburg, KY* O/D/WC

6:00p Another Look, *Halderman Fire Station, 6400 US-60, Morehead, Ky 40351*, O/D

6:00p The Meeting Spot, *Carl Perkins, 1300 Divide Hill Road, Morehead, KY O*/D/WC

6:30p When at the End of the Road, *Magoffin Co. Health Dept. 119 Mt. Pkwy, Salyersville, KY* O/D/WC

7:00p Fresh Start, *Floyd Co Community Center, 7199 Hwy 80, Langley, KY 41645* O/D/WC

7:00pm New Discovery of Life, *Westcare Perry Cline Emergency Shelter, 173 Redale Rd, Pikeville, Ky 41501* O/D

**Thursday:**

12:00p Desperate Measures *Jenny Wiley old Sky Lift Shelter, Prestonsburg, KY* O/D/WC

6:30p Inside Job, *Charity Freewill Baptist Church, 7075 KY-519, Morehead, KY* O/D/NS

7:00p The Bridge*, Old Allen Baptist Church, 40 New Allen Hill, Allen, KY* O/D/WC/NS/NAV

7:00p Carrying the Message, *10 Court St, Campton, KY* O/D/HA/S

7:00p No Matter What, *Zoom ID: 759 6758 8572*

*Password: Recovery*

7:00p New Discovery of Life, *Pikeville United Methodist Church, 107 Main Street, Pikeville,* KY O/D/WC/NS

8:00p Total Abstinence, *First Baptist Church, 123 E Main St. Morehead, KY* O/D/WC

**Friday:**

12:00p Fresh Start*, Floyd County Community Center, 7199 Hwy 80, Langley, Ky 41645* O/D/WC

12:00p Dose of Hope, First Baptist Church, 123 E Main Street, Morehead, KY *O/D/WC/NS*

7:00p Evening Fix, *100 CB Cornette Dr, Morehead, Ky 40351* O/D/WC

*7*:00p KCB, *Old Allen Baptist Church, 40 New Allen Hill, Allen, KY* O/D/WC/NS/NAV

8:00p New Discovery of Life, *Pikeville United Methodist Church, 107 Main Street, Pikeville,* KY O/D/WC/NS/CL

**Saturday:**

9:00a Total Abstinence, *First Baptist Church, 123 E Main St, Morehead, KY O/D/WC/NS*

\*11:00a-12:15p Easy Does It, *Old Allen Baptist Church, 40 New Allen Hill, Allen, KY* O/D/WC/NS/NAV

6:30p No Matter What, *227 W Main Street, Morehead, KY O/D/WC/NS*

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| **MEETING CODES:**  O – Open to Everyone CL – Candle Light   1. – Closed (Addicts Only) WC – Wheelchair Accessible 2. – Discussion NS- Non-Smoking   RF- Rotating Format LS-Literature Study  MM-Men’s Meeting WM-Women’s Meeting  \*- AM \*\*-Seasonal |

7:00p Fresh Start, *Floyd Co Community Center, 7199 Hwy 80, Langley, KY* O/D/WC

7:00p New Discovery of Life, *Pikeville United Methodist Church, 107 Main St, Pikeville, KY O/D/WC/NS*

**\*Every 2nd and 4th Saturday of every month there will be a Step Study at these locations:**

5:30p Inside Job, Freewill Baptist Church, 7075 KY-519, Morehead, KY

6:00p Fresh Start, Co Community Center, 7199 Hwy 80, Langley, KY

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| People You Can Call  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  **\*Don’t use, no matter what**  **\*Go to an NA meeting**  **\*Ask your Higher Power to keep you**  **clean today**  **\*Call your sponsor**  **\*Read NA literature**  **\*Talk to other recovering addicts**  **\*Work the Twelve Steps of Narcotics Anonymous** | **Other Local Services Bodies of Narcotics Anonymous**  **www.na.org**  **www.barcna.com**  **www.krscna.org**  **www.gtoana.org**  **www.natennessee.org**  **www.nacincinnati.com**  **www.nanashville.org**  **www.mana-e-tn.org**  Area Service Committee meeting held the 1st Sunday of  every month at 1:00 pm at the Magoffin County Health Dept.  132 E Mountain Pkwy, Salyersville, KY  H&I & PI Subcommittees meet @ 12:30pm and 12:45pm preceding ASC  The Grassroots Area is a part of the  Bluegrass-Appalachian Region of  Narcotics Anonymous  **NA is not affiliated with any outside organizations**  **including the facilities where we meet.** | http://grassrootsna.org/wp-content/uploads/2017/08/flyer.jpeg  **GRASSROOTS AREA**  **Serving Eastern KY**  **Since 2001**  MEETING SCHEDULE  Spring Schedule  (updated March 2023)  **If you think you have a drug problem and want to stop using**  **We can help!** |